

Practice Plan

Remember: Plan your practice around *events* as far as possible.

[Click here](http://www.essential-music-practice.com/planning-practice.html) to go to www.essential-music-practice.com/planning-practice.html for information on how revolutionise your practice using this sheet.

Day	Session 1	Session 2
Day of lesson		
Day after lesson		
5 days before lesson		
4 days before lesson		
3 days before lesson		
2 days before lesson		
<i>Day before</i> lesson		

Copy it, modify it, pass it on, use it!

For more help with making your practice more efficient and effective
go to www.essential-music-practice.com