Practice session targets

Week beginning___/___/_____

Targets for the week

How near to the target are you? ① ② ③ ④ ⑤

Day after lesson _____ ☐	**3 days before lesson** _____ ☐
5 days before lesson _____ ☐	**2 days before lesson** _____ ☐
4 days before lesson _____ ☐	**Day before lesson** **This should include a full review** _____ ☐

Copy it, modify it, pass it on, use it!

For more help with making your practice more efficient and effective go to www.essential-music-practice.com